

The *Gamma Gamma Ray*

Newsletter of the

Gamma Gamma Chapter of Lambda State

Delta Kappa Gamma Society International



March, 2013

Dates to Remember:

Tuesday, March 5th: Decades of Dresses, 1905-1991

Thursday, April 4th: Candidates for Membership "Get-Acquainted Tea" with Executive Board

Friday-Saturday-Sunday, April 12th-14th: Lambda State Convention, Springfield

Tuesday, May 14th: Gamma Gamma's Annual Spring Celebration of Membership

DECADE OF DRESSES SHOWCASE

Join us on **Tuesday, March 5th**. Featuring special occasion dresses from the 20th century, **Decades of Dresses** will showcase a collection of over 300 clothing items, accessories and undergarments. Each decade is characterized with information about women's history, fashion trends, and contemporary events. Approximately 20 dresses will be modeled for us.

3:15 - 3:45 **Set –Up and Social**

3:45 - 4:45 **Program**

4:45 – 5:15 **Meeting**

Location: **Schaumburg Library, 130 South Roselle, Schaumburg, IL 60193 847.985.4000**

Meeting: **Voting on Recommendations for New Members**

Service Project: **Schaumburg S.D. #54 Community Clothes Closet / Donations of gently used clothing**

Reflection: Kathleen Stephansen

Hostesses: **Society Business Committee:** *Charlotte Weber, Kris Beaudette, Nanette Doubler, Joan Gazdic, Mary Guthrie, Mary Marowally, Judy Nimmo, Donna Ritchie, Adrienne Rovin, Sally Scholler, Kathleen Stephansen, and Linda Stolt

REMEMBER: Bring some books for our "Book Swap". Great reading for free!!!

AND THE AWARD GOES TO...

GAMMA GAMMA HAS A WINNER!!! Jerry Toher's granddaughter, **Kristen Toher**, has won Lambda State's **M. Josephine O'Neil Arts Award**. Kristen is one of three young women to be recognized in the visual and performing arts during the **Awards Breakfast at Convention** in April. Kristen, an accomplished ballerina, will be performing for her finals at the University of Cincinnati and unable to attend the breakfast on Sunday. However, **Jerry**, who has been a Delta Kappa Gamma member since 1946, will be on hand to proudly accept the award on her granddaughter's behalf. Our congratulations go to Kristen and Jerry. Also, a huge thank you goes out to **Charlotte Weber**, who nominated Kristen, reminded the family about deadlines, and acted as sole liaison during the application process.

(This should serve as an incentive for many of us to be in the audience to express our enthusiasm and support.)

A WINTERY BUT SMASHING SUCCESS

A thank you goes to **Glenda Klein Mali** for arranging the relaxing and quite entertaining February program, **Stress Reduction Meditation**, with Dr. Sudesh Kannan. Though it was a wintery night, attendance was high. The handout, **15 Ways to Reduce Stress in 15 Minutes or Less**, might prove useful, as many of us have lamented about our "wandering minds". Also, Sudesh shared a mnemonic worth remembering: **MECS** – meditation, eating properly, companionship, and sleep. These are the four areas that we should be disciplined in if we strive to maintain a balanced life.

Another thank you goes to Jane Martin for her work on the membership applications... a job well done. Our four candidates were well received, and will be voted upon at the March meeting.

Our very own Denise Pawelczyk did a highly entertaining reflection on today's life stresses. Thank you to Denise for putting her heart and soul into her material. She might want to consider 'taking her act on the road.' It generated lots of laughs and lots of headshaking in agreement. Denise ended her reflection with the wise words of Ringo Starr, "At the end of the day, I can end up being totally wacky, because I've made mountains out of molehills. With meditation, I can keep them (my stressors) as molehills."

Denise added her own wise words – "Ladies, here's to molehills in 2013!"

GET-ACQUAINTED TEA

The purpose of our Get-Acquainted Tea on April 4th is to introduce new member candidates to Gamma Gamma's Executive Board members and to the history and purposes of our Society. (Jane is secretly hoping to acquire Nanette's notes from last year's tea, because our past president made such a great presentation!) After the Tea, Executive Board will hold a meeting.

We are hoping to see all new candidates and their sponsors at the Tea. Time and location can be found in our yearbook on page 18.

LAMBDA STATE CONVENTION IS COMING TO SPRINGFIELD – APRIL 12th – 14th

Please, please give some serious thought to attending Convention this year. It is a very worthwhile event. You will have the opportunity to share in the fun with your Gamma Gamma Sisters, as well as meet many other DKG members statewide. We are an amazing group of women, and you will see 100's and 100's of other amazing DKG women. If you are giving it some thought, call another member and toss the idea around.

Though I promised to "drive the bus," reality has set in. This will probably not happen. However, as it is best to share the driving, I am sure you will be able to find someone to drive down to Springfield with you. If you're having trouble finding a travel buddy and that would be your reason for not going, please let any member of Executive Board know, and we will help out as best we can.

Memos from Char:

- 1.) Remember to send in your registration form by March 16st to receive the preferred reduced fee rates.
- 2.) Please let Char know if you need a room. She has reserved a block of them.

NEWS YOU CAN USE

From Jane Kennedy-Smith:

My sincere appreciation to my sisters in Gamma Gamma for their well wishes, prayers and encouragement during the illness and death of my husband, Howard Smith. I am blessed to have such a caring group of women educators as friends and colleagues.

Thank you sincerely,
Jane Kennedy-Smith

Delta Kappa Gamma Websites

Remember that while checking our very own Gamma Gamma website, also check out the State and International websites. Scholarships are available for continuing studies at the master's and doctorate levels.

Local: www.gammagamma75.org

State: www.deltakappagamma.org/IL/

International: www.dkg.org

Does anyone need a home for a small pet (i.e. rabbit or guinea pig)?

Mary Guthrie has a pet cage available for the asking. It measures about 4' long, 2' high and 2' deep. Contact Mary at 847-394-9499 or Cheryl at ckeifer@gmail.com for more info.

Jane's Jottings

It was 3:40 pm, on that snowy, wintery, late Thursday afternoon. Only about ten of us had arrived for the set-up and social, and Jane Martin and I were wondering if many more women would make it. Although the snow had just started, the road conditions were already dangerous. Gail Poisson came walking down the hall. She was so bundled up and with so many bags in hand, I couldn't even recognize her. Then Jerry Toher walked in with Gretchen Mahin and was soon followed by Mary Stitt. Before we started at 4:00, the room was full, and as the meeting progressed, members continued to arrive. And what an appropriate program had been planned! It focused on meditation and stress. I was amazed to see so many women brave the elements that afternoon. We are a "hardy" lot! To those who considered the weather too problematic, we look forward to seeing you in March!